



YOUTH ACCESS TO PSYCHIATRY PROGRAM (YAP-P)

November 2023



November 2023 Consult Schedule

Monday

12:00-1:00pm & 4:30-5:00pm

Tuesday

12:00-1:00pm

Wednesday

12:30-1:00pm & 4:30-5:30pm
Unavailable 11/15

Thursday

12:00-1:00pm & 5:00-6:00pm
Unavailable Thanksgiving Day

11/9 Hours: 12:00-12:30pm & 4:30-5:00pm

Information to Provide

- Practice that child visited
- PCP name & email
- Patient name, DOB, insurance
- Preferred method of consult: phone or televideo
- General reason for consult
- If known, whether a behavioral health screening was conducted in prior 12 months



Clinical Tip of the Month

OMEGA-3 FATTY ACIDS: A NATURAL SUPPLEMENT FOR ADHD

The use of Omega-3 fatty acids as a supplemental treatment for Attention-Deficit/Hyperactivity Disorder (ADHD) has shown promising results.^[1] For instance, a meta-analysis found that Omega-3 supplementation demonstrated a small but significant effect in improving ADHD symptoms, with higher doses of eicosapentaenoic acid (EPA) being particularly effective.^[2]

While Omega-3 fatty acids may offer some benefits for certain individuals with ADHD, they are not universally effective as a treatment for this condition. It's also important to note that the relative efficacy of Omega-3 fatty acid supplementation is modest compared with currently available pharmacotherapies for ADHD.

Therefore, while Omega-3 fatty acids may be considered as a possible supplement to established therapies, they should not be viewed as a standalone treatment for ADHD.

Clinical Trainings

AAP TRAUMA-INFORMED PEDIATRIC CARE & RESILIENCE PROMOTION ECHO

The American Academy of Pediatrics (AAP) is launching a learning community for pediatricians and other pediatric clinicians. The goals are to strengthen knowledge about trauma's long-term effects and provide strategies for helping families and children recovering from trauma.

The upcoming ECHO cohort will meet weekly from Nov 3 - Dec 15 on Fridays at 2-3pm.

Please see the flyer [here](#) and click [here](#) to register.

MCPAP CLINICAL CONVERSATIONS SERIES

The Clinical Conversations Series is hosted by the Massachusetts Child Psychiatry Access Project (MCPAP) to improve access to behavioral health resources for PCPs. This monthly virtual series features a child psychiatrist or subject matter expert sharing on a variety of behavioral health topics.

Tune in on the 4th Tuesday of each month from 12:15-1:15pm by clicking [here](#) to register.



Continuing Education Opportunities*

MCPAP Clinical
Conversations Webinar
Nov. 28, 2023 - 12:15pm
[Click here to register](#)

CASE Webinar Series
Nov. 14, 2023 - 12pm
[Click here to register](#)

Pregnancy Wellness ECHO
SC Maternal Mortality Review
Nov. 1, 2023 - 12:15pm
[Click here to join](#)

SafeSide Suicide Prevention
[Click here for interest form](#)

Youth Behavioral Health
ECHO Training
Sponsored by MUSC & YAPP
Launching January 2024

*CMEs available

Consulting with YAP-P is as Easy as 1-2-3



Step 1

Your practice connects with YAP-P via phone by calling 1-877-729-2779



Step 2

Appointment times are offered and PCP selects televideo or phone option



Step 3

Calendar invite is sent to PCP for when psychiatrist will contact PCP for consultation

Friendly Reminder: Please complete the short follow up survey after you complete your consultation. Your feedback helps us improve our services. 😊